



Doctors Orders

Your local practice newsletter



Keeping you safe

The Robert Darbshire Practice, The Whitswood Practice & Newbank Health Centre are proud to be one of the first 500 Doctors of the World Safe Surgeries in the UK, providing accessible healthcare for the most vulnerable members of our community.

Safe Surgeries launched in 2018, and aims to remove barriers to GP registration by providing all staff with free training, advice, and resources on how to make their practice inclusive and welcoming for everyone.

It has been endorsed by the Royal College of General Practitioners and the Royal College of Nursing. The initiative gained greater prominence in 2020 as COVID-19 put health and access to healthcare at the forefront of people's minds.

Anna Miller, Head of Policy and Advocacy at Doctors of the World, said: "Doctors of the World is delighted that The Robert Darbshire Practice, The Whitswood Practice & Newbank Health Centre have signed up to our Safe Surgeries initiative. This means that the local community can be confident that whatever their background, whatever their personal circumstance, they will receive the care that they are entitled to.

Covid update

From Monday 16th August 2021, those who have had both of their Covid-19 jabs will no longer have to self-isolate if they've been in close contact with someone who has tested positive for coronavirus.

Although everything seems to be going back to normal, coronavirus is still unfortunately a part of our lives.

We always want to keep you as safe as possible at your local practice. That's why we'll still be wearing face masks, sanitising our hands and sticking to social distancing guidelines when you come to visit us; and we do ask for you to do the same.

Please do not visit the practice if you are experiencing symptoms of Covid-19. To view the most up to date information, including symptoms, please click [here](#).

It's never too late to have your Coronavirus vaccination. To book in for your jab, click [here](#).

Hats off to Haider

We're so pleased to share that not only has Dr Haider Ali been shortlisted for an NHS Daily Mail Award, but he has also gone on to receive a Points of Light award!



The Points of Light awards, are given to outstanding individual volunteers who help to make change in their community.

During the uncertainty of the pandemic, Haider created and delivered care packages to fellow NHS workers. The care packages included home comforts, like toiletries, snacks and luxury socks, along with a letter offering his personal support.

Initially, Dr Ali donated over £10,000 of his own money to create the care packages, and later involved large retailers such as Asda, Tesco and Marks & Spencer, who have since matched his donations.

After receiving the award, Haider said "I am delighted to receive the Points of Light award. This all started with wanting to do something kind and thoughtful to support my colleagues on the front line, and snowballed into a larger project with the help of others.

This prestigious award does not belong to me alone, but to all the people of the country who came together as one big community to support each other."

Later this year, Dr Ali will be attending the ceremony for the NHS Daily Mail award, where he will find out if he has won. Let's all keep our fingers crossed for him!

Staying Social

Don't forget that our social media pages are up and running!

Make sure to give them a like, follow and a share to keep up to date on all the latest information.



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Spotlight



We caught up with Hannah, a member of our fabulous pharmacy team to shine a spotlight on her role and to find out just exactly what goes on behind the scenes!

How long have you worked at Better Health MCR?

I started working for The Robert Darbishire practice 6 months ago in February 2021. I work across all three sites, Monday at The Whitswood Practice, Tuesday, Wednesday and Thursday at The Robert Darbishire Practice and Fridays at NewBank Health Centre.

What made you want to work here?

I wanted to join Better Health MCR as I wanted to make the change into primary care from secondary care. The Robert Darbishire was the perfect opportunity at it is a smaller PCN which meant I would be able to work across all the sites and develop my knowledge and skills.

What do you get up to on a daily basis?

In the morning I usually work through the various prescription and medication queries, such as out of stock medicines or overdue medication reviews. In the afternoon I usually carry out the high risk drug monitoring which involves ensuring patients who are currently taking a medication considered high risk have had the relevant monitoring.

What is your favourite bit about your job?

The favourite part about my job is talking to the patient's, helping them to understand how important it is to take their medicines and helping them with their prescription queries.

Tell us an interesting fact about yourself!

An interesting fact about me is I have a little boy called Jacob who is 3 years old.