



JULY 2021 • ISSUE 1

Doctors Orders

Your Local Practice Newsletter



covid-19 update

[The latest guidance on Covid-19](#) has recently been announced, with the law on face masks being lifted.

The health and wellbeing of you and your community is so important to us. We still want to do everything we can to keep you safe when you come and visit us.

That does mean that we will continue to socially distance in the practice, as well as wear masks and PPE where and when we need to. We also ask that you carry on wearing your face masks for your appointments, and that you sanitise your hands and keep a two-metre distance when possible.

If you're over 18 and haven't managed to get your vaccine yet, it's super simple to book in for the jab! [You can get an appointment online here](#), or if you're struggling to book an appointment online, you can call 119. Translator services are available.

[Click here to take a look at the latest advice on Covid-19 symptoms.](#)

Let's cut out coronavirus together.

Better Health MCR

Say Hello To TheNew Us!

We thought that we'd take some time to properly introduce ourselves! We're Better Health Manchester, a friendly forward-thinking social organisation delivering GP services right here in Manchester.

We work from three sites:

- [The Robert Darbishire Practice](#)
- [The Whitswood Practice](#)
- [New Bank Health Centre](#)

Our main aim is to think differently, break barriers and improve the lives of patients and the community around us. Through our values of care and curiosity, we're committed to helping every patient who needs us.

We're not here to make money. In fact, any profit we do make goes straight back into the practices, so we can keep improving the care and services we offer to you!

We're Proud to have Pride

Everyone should feel secure and welcomed, no matter your age, race, gender or sexual orientation. We're passionate about creating inclusive and safe spaces, so you can get the help you need, when you need it. Studies have shown that the LGBTQ+ community feel unsafe accessing services, with one in seven LGBTQ+ people avoiding seeking healthcare for fear of discrimination.

We're committed to making that a thing of the past. We're so proud to announce that The Robert Darbishire Practice, The Whitswood Practice and New Bank Health Centre have been awarded a gold Pride in Practice award!

The award, delivered by the [LGBT Foundation](#), celebrates the care we provide to our LGBTQ+ patients and the support we offer to make sure they feel confident to access the services they need.

Staying Social

It's so important that you can find out everything you need to know about our practices and services whenever you need it.

Getting the information you need has never been so easy! We've set up social media pages, so you can stay up to date on the latest news from the comfort of your own home.

The pages, that are set up as our not-for-profit organisation Better Health MCR, will host lots of different information, including updates for The Robert Darbishire Practice, The Whitswood Practice and New Bank Health Centre, as well as health & wellbeing advice and more.

Give our pages a follow or a like to stay in the loop!



[/BetterHealthManchester](#)



[@betterhealthmcr](#)



[@betterhealthmcr](#)



[/company/Better-Health-mcr](#)

Better Health MCR



Spotlight



We caught up with Anooosh, a member of our friendly reception team at the Robert Darbishire Practice to shine a spotlight on her role and to find out just exactly what goes on behind the scenes!

How long have you worked at The Robert Darbishire Practice?

3 years.

what made you want to work here?

I really believe in what the company stands for and I'm very aware of their reach. I thrive off a busy work environment so coming into a practice with such a large team and patient list was a positive challenge for me. Also, I aspire to work in the mental health sector within primary care, so starting off as front of house staff gave me great footing in learning how to effectively interact with patients.

what do you get up to on a daily basis?

I answer calls and liaise with health care providers such as social workers, hospitals, district nurses and pharmacies, work on footfall, help out on prescriptions, work on the front desk (signing people in, doing consent forms, doing sample labels & taking samples in) and book various appointments such as bloods and ECGS and more!

what is your favourite bit about your job?

No two days are the same, the patient interaction because there's a lot of diversity, the fact that this is a great team & of course the food on curry mile -the food is a personal favourite.

Tell us an interesting fact about yourself!

I am a murder mystery fanatic and a massive thrill seeker (I went bungee jumping last year)!